## Tourism, Recreation & Adventure Leadership – Adventure Leadership Education Option

[http://fes.forestry.oregonstate.edu/undergraduate-programs/tourism-recreation-and-adventure-leadership](http://fes.forestry.oregonstate.edu/undergraduate-programs/tourism-recreation-and-adventure-leadership)

### TRAL Core

<table>
<thead>
<tr>
<th>TRAL Core (one course per category)</th>
<th>OSU Course</th>
<th>Umpqua Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Speaking</td>
<td>COMM 111*</td>
<td>SP 111</td>
</tr>
<tr>
<td>Argument &amp; Critical Discourse</td>
<td>COMM 114*</td>
<td>SP 112</td>
</tr>
<tr>
<td>Research Methods in Social Science</td>
<td>FES 422</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Consensus &amp; Natural Resources</td>
<td>FES 485*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Natural Resources and Community Values</td>
<td>ANTH 481*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Multicultural Perspectives in Natural Resources</td>
<td>FW 340*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Endangered Species, Society, and Sustainability</td>
<td>FW 350*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Society and Natural Resources</td>
<td>SOC 481*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Women and Natural Resources</td>
<td>WGS 440*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Computing Applications in Forestry</td>
<td>FOR 112</td>
<td>FOR/ENGR 112</td>
</tr>
<tr>
<td>Principles of Statistics</td>
<td>ST 201</td>
<td>MTH 243</td>
</tr>
<tr>
<td>Tourism and Recreation Data Analysis</td>
<td>TRAL 378</td>
<td>Only at OSU Cascades</td>
</tr>
<tr>
<td>Sustainable Communities</td>
<td>SUS 350*</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Wilderness Management</td>
<td>TRAL 352</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Parks &amp; Protected Areas Management</td>
<td>TRAL 357</td>
<td>Only at OSU Cascades</td>
</tr>
<tr>
<td>Ecological Aspects of Park Management</td>
<td>TRAL 444</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Nature, Eco, and Adventure Tourism</td>
<td>TRAL 353</td>
<td>Available from COCC</td>
</tr>
<tr>
<td>Environmental Interpretation</td>
<td>TRAL 493</td>
<td>Available online at OSU</td>
</tr>
<tr>
<td>Resource Interpretation</td>
<td>FOR 255</td>
<td>Available from COCC</td>
</tr>
<tr>
<td>English Composition</td>
<td>WR 121*</td>
<td>WR 121</td>
</tr>
</tbody>
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### Degree Requirements:
- BS in Tourism, Recreation & Adventure Leadership (TRAL) – Adventure Leadership Education option requires 180 credits. At least 60 credits must be upper-division (300-400 level).
- Maximum of 124 community college credits applied to the degree.
- Six months of work experience related to the field.
- Available on the Cascades campus in Bend.
<table>
<thead>
<tr>
<th>Adventure Leadership Education Option</th>
<th>OSU Course</th>
<th>Blue Mountain CC Course</th>
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</thead>
<tbody>
<tr>
<td>Intro to Outdoor &amp; Adventure Professions</td>
<td>TRAL 130</td>
<td></td>
</tr>
<tr>
<td>Foundations &amp; History of Outdoor &amp; Adventure Professions</td>
<td>TRAL 132</td>
<td></td>
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<tr>
<td>Intro to White Water Kayaking</td>
<td>PAC 110</td>
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<tr>
<td>Intro to Canoeing</td>
<td>PAC 111</td>
<td></td>
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<tr>
<td>Outdoor Living Skills</td>
<td>PAC/TRAL 115</td>
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<tr>
<td>Laboratory for Outdoor Living Skills</td>
<td>PAC/TRAL 118</td>
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<tr>
<td>Rock Site Management</td>
<td>PAC/TRAL 172</td>
<td></td>
</tr>
<tr>
<td>Group Facilitation</td>
<td>TRAL 215</td>
<td></td>
</tr>
<tr>
<td>Intermediate Rock</td>
<td>TRAL 217</td>
<td>PE 240</td>
</tr>
<tr>
<td>Outdoor Leadership Fundamentals</td>
<td>TRAL 280</td>
<td></td>
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<tr>
<td>Pre-Internship Seminar</td>
<td>TRAL 270</td>
<td></td>
</tr>
<tr>
<td>Design and Management of Outdoor Experiences</td>
<td>TRAL 370</td>
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<tr>
<td>Outdoor and Adventure Education</td>
<td>TRAL 374</td>
<td></td>
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<tr>
<td>Experiential Education</td>
<td>TRAL 375^</td>
<td></td>
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<tr>
<td>Expeditions I (Water)</td>
<td>TRAL 377</td>
<td></td>
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<tr>
<td>Expeditions II (Land)</td>
<td>TRAL 379</td>
<td></td>
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<tr>
<td>Internship</td>
<td>TRAL 410</td>
<td></td>
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<tr>
<td>Risk Management in Tourism &amp; Outdoor Leadership</td>
<td>TRAL 476</td>
<td></td>
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<tr>
<td>Nature and the Human Experience</td>
<td>TRAL 479</td>
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</table>
Umpqua Community College courses that fulfill OSU’s Baccalaureate Core requirements: [https://admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-umpqua-community-college](https://admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-umpqua-community-college)

<table>
<thead>
<tr>
<th>OSU Baccalaureate Core (Complete one course from each category)</th>
<th>OSU Course</th>
<th>Transfer Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing I</td>
<td>WR 121 English Composition</td>
<td>Fulfilled by major: WR 121</td>
</tr>
<tr>
<td>Writing II</td>
<td>Choose one course from link above</td>
<td></td>
</tr>
<tr>
<td>Speech</td>
<td>COMM 111 Public Speaking COMM 114 Argument &amp; Critical Discourse</td>
<td>Fulfilled by major: SP 111 or SP 112</td>
</tr>
<tr>
<td>Mathematics</td>
<td>MTH 105 or higher</td>
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<tr>
<td>Fitness – complete both courses</td>
<td>HHS 231 Lifetime Fitness for Health and HHS 241 Lifetime Fitness</td>
<td>HPE 295</td>
</tr>
<tr>
<td>Physical Science with Lab</td>
<td>Choose one course from link above</td>
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<tr>
<td>Biological Science with Lab</td>
<td>Choose one course from link above</td>
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<tr>
<td>Additional Science with Lab</td>
<td>Choose one course from link above</td>
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</tr>
<tr>
<td>Western Culture</td>
<td>TRAL 132 Foundations &amp; History of Outdoor Education</td>
<td>Fulfilled by major: TRAL 132</td>
</tr>
<tr>
<td>Cultural Diversity</td>
<td>Choose one course from link above</td>
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<tr>
<td>Literature &amp; Arts</td>
<td>Choose one course from link above</td>
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<tr>
<td>Social Processes &amp; Institutions</td>
<td>Choose one course from link above</td>
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<tr>
<td>Difference, Power, Discrimination</td>
<td>FW 340 Multicultural Perspectives in NR</td>
<td>Fulfilled by major: FW 340</td>
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<tr>
<td>Contemporary Global Issues</td>
<td>TRAL 479 Nature &amp; Human Experience</td>
<td>Fulfilled by major: TRAL 479</td>
</tr>
<tr>
<td>Science, Technology, Society</td>
<td>Choose one course from link above</td>
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</tr>
<tr>
<td>Writing Intensive Course – major specific</td>
<td>TRAL 375 Experiential Education</td>
<td>Fulfilled by Major: TRAL 375</td>
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**OSU Contact:** College of Forestry Student Services
541-737-1594
studytral@oregonstate.edu

**Transfer Student Resources:** [http://transfer.oregonstate.edu/](http://transfer.oregonstate.edu/)

**UCC Contact:**
Clay Baumgartner
541-440-4683
Clay.baumgartner@umpqua.edu

Updated 10/12/18 NK